

Basketball English Lesson 1&2

Basketball Culture Words and Phrasal Verbs

Name: _____

Nickname: _____

Culture Words:

1. Rock:

Meaning: Ball

Example sentences:

- Pass the rock.
- Share the rock.
- We got to move the rock around the parameter.

Your own example sentence.

2. Flash/flashy:

Meaning: Looks great

Example sentences:

- Yo, your uniforms are flash.
- His handles are flash.
- That play was flash.

Your own example sentence.

3. Handles:

Meaning: Dribbling ability

Example sentences:

- Dude, he's got great handles.
- Careful, he's got deadly handles.
- His handles are weak but he's got a deadly shot.

Your own example sentence.

4. Bully ball:

Meaning: Play physical, post up, and beat down opponent

Example sentences:

- Use bully ball on the switch.
- They don't like to bang, so let's play bully ball.
- I love bully ball.

Your own example sentence.

Phrasal Verbs:

1. Back down:

Meaning: Post up/don't give up

Example sentences:

- Don't back down after a 10-0 run.
- Back him down to get your spot.
- We can't let them back us down under the basket.

Your own example sentence.

2. Leak out:

Meaning: Early break off a rebound for a fast break or easy offense

Example sentences:

- Careful, they leak out a lot.
- Try to leak out off a short shot.
- He's always leaking out.

Your own example sentence.

3. Pin down:

Meaning: Put a defensive player on the baseline and trap them. Sometimes high post and around the parameter.

Example sentences:

- That was a great pin down.
- He will try to pin you down off of a switch.
- They don't try to pin down against the zone.

Your own example sentence.

4. Look off:

Meaning: To fool the defender by looking the other way/To change a play with your teammate by using your eyes

Example sentences:

- He looked me off so I changed directions.
- I looked off the defender.
- Don't look off the weak side defender.

Your own example sentence.
