



## Basketball English Lesson 7

### Dribbling Terms

1. Spin move:

Meaning: 360 turn.

Example sentences:

- Good spin move..
- Spin move in the lane.
- The spin move didn't work.

Your own example sentence.

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2. Hops:

Meaning: Jumping ability.

Example sentences:

- Serious hops..
- Her hops are improving.
- I got no hops.

Your own example sentence.

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3. Kicks:

Meaning: Shoes.

Example sentences:

- I got new kicks.
- Those kicks are flash.
- I like your kicks.

Your own example sentence.

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4. Inside out:

Meaning: shifting your hand and feet to change direction.

Example sentences:

- Wow! That's an inside out dribble.
- Let's practice the inside out dribble more.
- He set up his shot with an inside out dribble.

Your own example sentence.

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